

Himmelfarb Health Sciences Library, The George Washington University

Health Sciences Research Commons

Himmelfarb Headlines (2009 - present)

Himmelfarb Health Sciences Library

9-2020

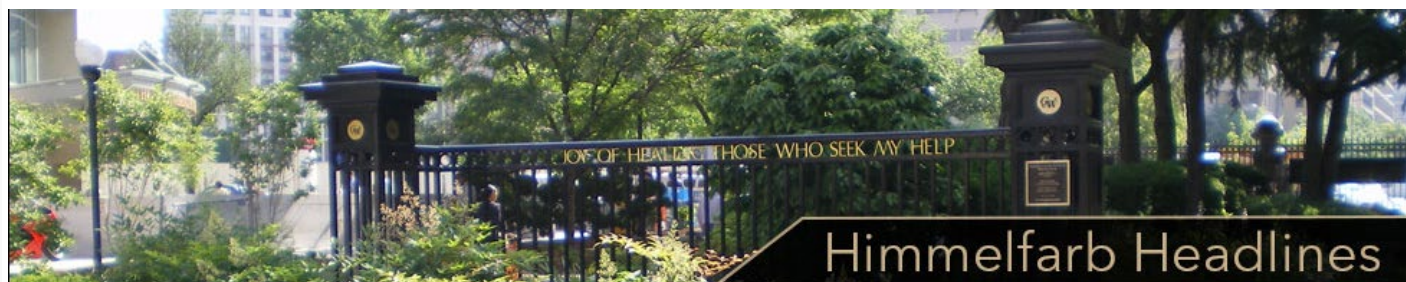
Himmelfarb Headlines - September/October 2020

The George Washington University, Himmelfarb Health Sciences Library

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Himmelfarb Headlines - September / October 2020

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Director's Desk

Hello everyone and welcome to the fall 2020 semester! While the Himmelfarb building remains closed to many faculty, students and staff, the virtual Himmelfarb Library is open with collections and staff available to support education, research and clinical care.

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GW Authors are Publishing - but Where?

GW faculty members have historically been prolific publishers. But have you ever wondered where GW authors are publishing? According to an [affiliation search](#) in [Scopus](#), GW authors have published more than 65,000 documents. GW authors published 3,926 documents during the past five years (2015-2019). [PloS One](#) has published the largest number of articles (186 total) by GW affiliated authors during this five year period. This reaffirms the strong commitment GW authors have to publishing in Open Access journals!

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Newsletter Archives

Previous Issues

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Health Information @ Himmelfarb Collections

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Himmelfarb librarians are also beginning to use this feature to develop curated lists of resources on topics of interest, and the first of these, [Diversity and Disparities in Health Care](#), is now available.

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Preprints in PubMed and PubMed Central

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Preprints are scholarly manuscripts which are available on freely accessible web platforms prior to completing peer review. While preprints have been around for some time, the acceleration of the dissemination of research results due to COVID-19 has greatly increased their visibility.

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Stay Updated with Himmelfarb!

NEJM Journal Watch

[NEJM Journal Watch](#) is a useful tool for keeping you up to date on the latest in medical news and research. It surveys medical literature to select the most important research and guidelines, distills them into focused summaries, and frames them in a clinical context. You can browse by specialty or health topic. Sign up for a free account to set up email alerts for your specialty and to subscribe to [Physician's First Watch](#), a daily email briefing containing all the latest news from the past 24 hours.



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What's New at Himmelfarb Library

Access to the Library

The [Himmelfarb Library](#) is open to patrons that have been approved to be on campus during [phase 1 of reopening](#), GW residents, students currently enrolled in on-site classes or on clinical rotations, and [MD students in the virtual track](#). See our [New Normal](#) for more information. If you are uncertain if you are able to access the library, please email Catherine Sluder at: crharris@gwu.edu.



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Staff Spotlight - Introducing Laura Abate, Associate Director for Library Operations

Learn more about Himmelfarb Library staff members. In this issue we learn more about Laura Abate, Associate Director for Library Operations.



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Faculty Profile - Interview with Philip Zapanta, Associate Professor of Surgery



Himmelfarb Library continues this feature in our newsletter that lets us become better acquainted with our friends and colleagues at the George Washington University. In this issue we learn more about Philip Zapanta, Associate Professor of Surgery.

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Student Spotlight - Meet Neil Almeida, a fourth-year medical student



This feature lets us become better acquainted with the students that use Himmelfarb library resources on a daily basis. Meet Neil Almeida.

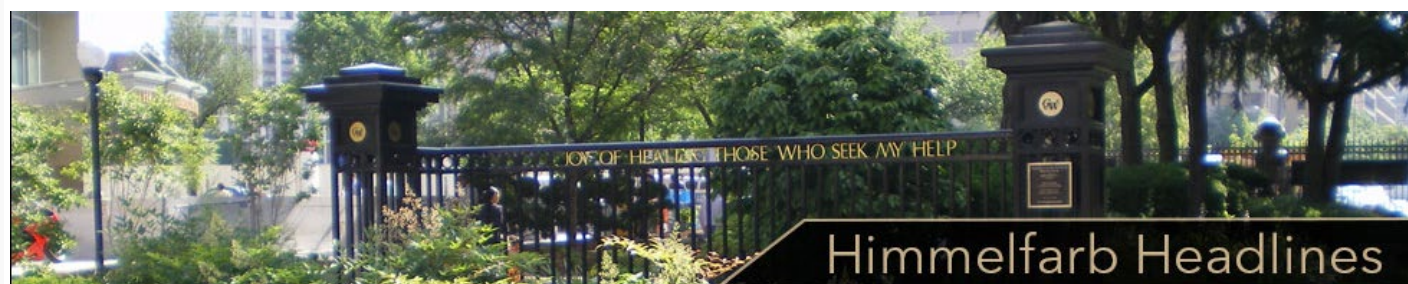
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Himmelfarb Health Sciences Library



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Director's Desk

Hello everyone and welcome to the fall 2020 semester! While the Himmelfarb building remains closed to many faculty, students and staff, the virtual Himmelfarb Library is open with collections and staff available to support education, research and clinical care. We continue to offer 24/7 electronic access to over [4,100 journals](#), [100 databases](#), and [6,000+ textbooks](#). Librarians and staff are also available 64 hours each week to provide reference and consultation services. Just email us at himmelfarb@gwu.edu or [message us](#). (Monday - Thursday, 8:30 am to 8 pm, Friday 8:30 am to 4 pm). To request a virtual librarian "house call," or an online class presentation on an information topic, contact your [departmental liaison](#). Our many research guides remain up and running to help you do research. Popular guides include: [APA Citation Style, 7th ed.](#), [Systematic Reviews](#), [Literature Reviews](#), and [Researcher Services and Support](#). All [tutorials](#) and orientations have gone virtual. Check our [calendar](#) for an upcoming workshop!



The Himmelfarb building itself is open limited hours for those individuals currently enrolled in on-site classes, on clinical rotations, or approved for access to Ross Hall. A skeleton crew is on-site daily. See [Our New Normal](#) for more information. We have instituted a new [shipping service](#) and [Ross Hall courtyard pick-up](#) to provide access to our print books and journals as well as DVDs and CDs and Consortium Loan Service and Interlibrary Loans for all of our students and faculty working online. Search our [Health Information @ Himmelfarb](#), sign in and select your delivery method. Any

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questions, please call our Circulation Desk at 202-994-2962.

Librarians and staff have been working hard during this busy time to provide services remotely and to track emerging research in the [Novel Coronavirus COVID-19 Research Guide](#) and to highlight [GW specific research](#) in our Health Sciences Research Commons. We have been helping prospective authors find [publishing venues](#) and highlighting how the current pandemic has [changed the publishing landscape](#). Please talk to our Scholarly Communications Librarian, Sara Hoover, shoover@gwu.edu, if you are seeking advice on publishing during the pandemic

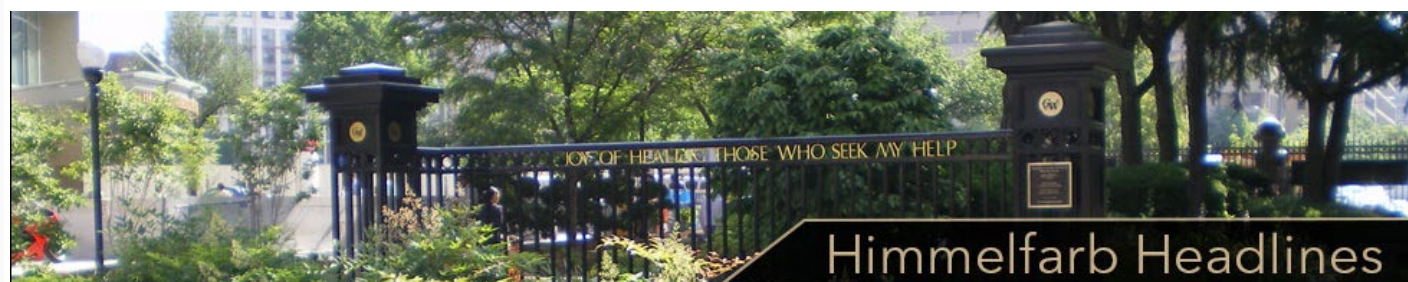
Let me close with a warm welcome to all new students and faculty! Welcome back to all returning students and faculty! Everyone at Himmelfarb Library looks forward to working with you this fall!

Best wishes for fall 2020!

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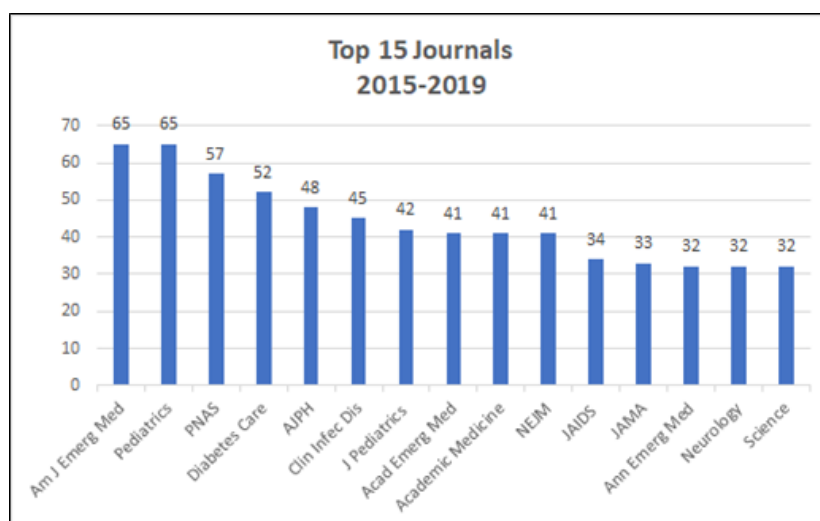
The 15 journals with the highest number of GW author publications from Himmelfarb's core journal collection are shown in graph below, and include the following titles:

1. [American Journal of Emergency Medicine](#) (65)
2. [Pediatrics](#) (65)
3. [PNAS: Proceedings of the National Academy of Sciences](#) (57)
4. [Diabetes Care](#) (52)
5. [AJPH: American Journal of Public Health](#) (48)
6. [Clinical Infectious Diseases](#) (45)
7. [Journal of Pediatrics](#) (42)
8. [Academic Emergency Medicine](#) (41)
9. [Academic Medicine](#) (41)

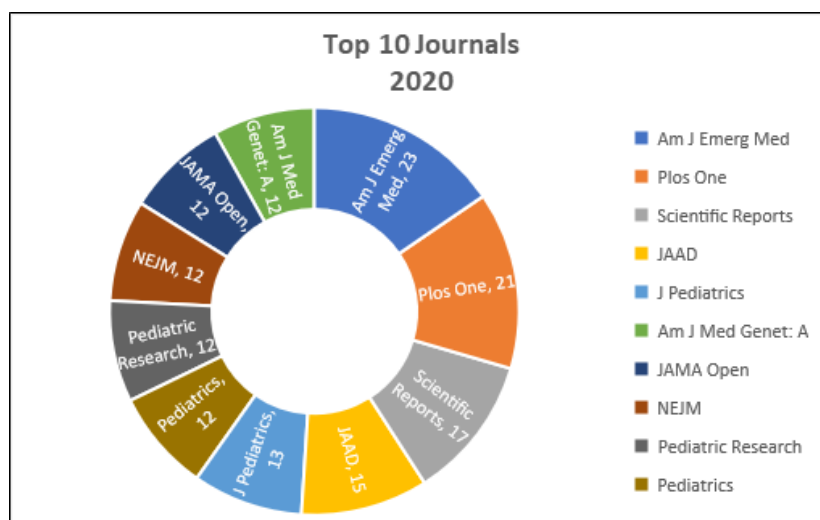
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10. *NEJM: New England Journal of Medicine* (41)
11. *JAIDS: Journal of Acquired Immune Deficiency Syndrome* (34)
12. *JAMA: Journal of the American Medical Association* (33)
13. *Annals of Emergency Medicine* (32)
14. *Neurology* (32)
15. *Science* (32)



The top 10 most published in journals for GW authors so far in 2020 are shown in the chart below, with American Journal of Emergency Medicine leading the pack with 23 publications.



Since the start of the COVID-19 pandemic, GW authors from the School of Medicine and Health Sciences, the Milken Institute School of Public Health, and the School of Nursing have published more than 70 peer-reviewed articles related to COVID-19. You can browse these publications in Himmelfarb's [COVID-19 Publications by GWU Authors](#) collection in the [Health Sciences Research Commons](#) (HSRC), Himmelfarb's institutional repository.

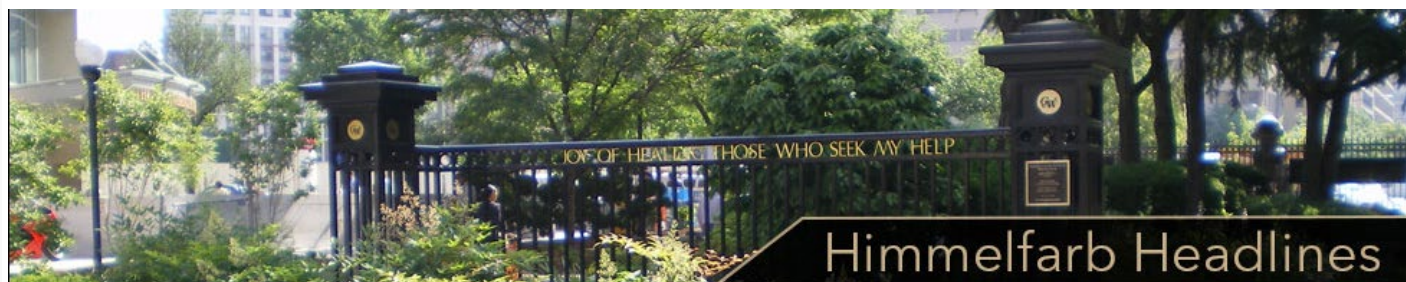
Are you interested in finding out more about where GW authors are publishing? The HSRC is a great place to browse for publications by GW authors! You can browse for research and scholarship produced by the [Milken Institute School of Public Health](#), the [School of Medicine and Health Sciences](#), the [School of Nursing](#), [Himmelfarb Library](#), a [Faculty Bookshelf](#), and the [GW Annual Research Days](#). You can also browse by [discipline](#), or by [author](#).

Have you published during your time at GW and want to archive your work in the HSRC? We invite you to submit citations for your publications to hsrc@gwu.edu. Archiving your publications in the HSRC will help ensure that your research reaches the widest audience possible by making your work easily shareable and discoverable via Google Scholar and other search engines. Archiving your work in the HSRC also helps Himmelfarb ensure that we have an accurate representation of GW produced health sciences scholarship.

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Health Information @ Himmelfarb Collections

Over the summer of 2020, Himmelfarb launched a new feature to highlight various library collections in [Health Information @ Himmelfarb](#). [Himmelfarb Special Collections and Resource Lists](#), found by clicking the "Special Collections" link on the Health Information @ Himmelfarb menu, allows users to browse resources in various collections of specialized resources.

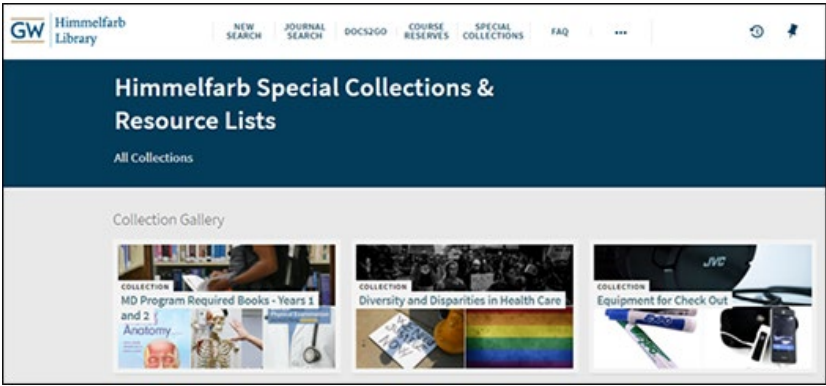


- The library's [Healthy Living Collection](#) contains books, media, and equipment that focus on developing and supporting personal wellness behavior. The book collection ranges from books focusing on healthy and easy-to-prepare meals to works on mindfulness, relaxation, and fitness.
- The [Humanities and Health Collection](#) focuses on the intersection of medicine and literature, including both fiction and nonfiction literature from the perspective of health care providers and patients.
- The Himmelfarb [Historical Collection](#) includes reproductions of classical works in the history of medicine, as well as some archival materials relating to the history of the GW School of Medicine and Health Sciences.

Himmelfarb librarians are also beginning to use this feature to develop curated lists of resources on topics of interest, and the first of these, [Diversity and Disparities in Health Care](#), is now available.

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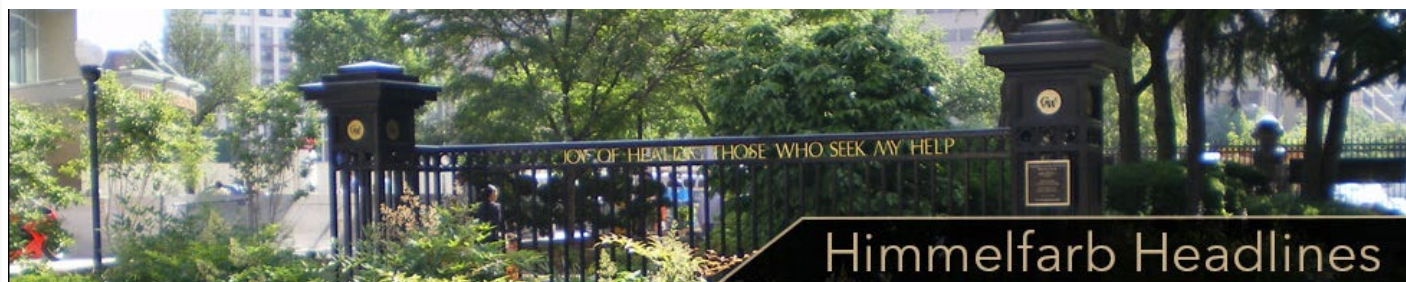
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More detailed descriptions and information about the library’s special collections are available through the library website. You can also [contact the Himmelfarb Reference Desk](#) for more information or assistance accessing the collections.

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Preprints in PubMed and PubMed Central

The [U.S. National Library of Medicine \(NLM\)](#) recently launched a pilot making preprint articles available in [PubMed](#) and [PubMed Central](#).

Preprints are scholarly manuscripts which are available on freely accessible web platforms prior to completing peer review. While preprints have been around for some time, the acceleration of the dissemination of research results due to COVID-19 has greatly increased their visibility.



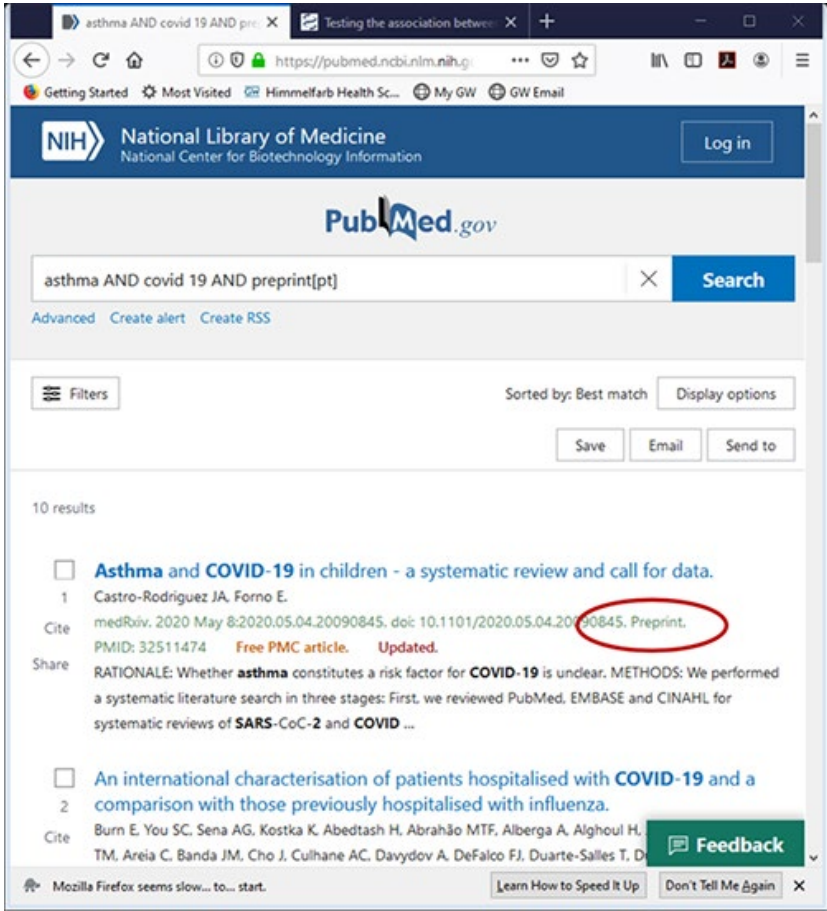
Because preprints have not yet completed peer review or been accepted for publication in a journal, it's important to use the information with caution, and to read and assess each article's hypothesis, methodology, results, and conclusions carefully. Preprints can provide a first look at ground-breaking research, but can also provide a platform disseminating poorly-designed research and/or inaccurate research results.

During the pilot project, the NLM will include select preprint articles in both PubMed and PubMed Central. Preprint articles from the [iSearch COVID-19 Portfolio](#) are the first group of articles to be included. Articles in this database are related to COVID-19 and pulled from [medRxiv](#), [bioRxiv](#), [arXiv](#), [ChemRxiv](#), [Research Square](#), and [SSRN](#).

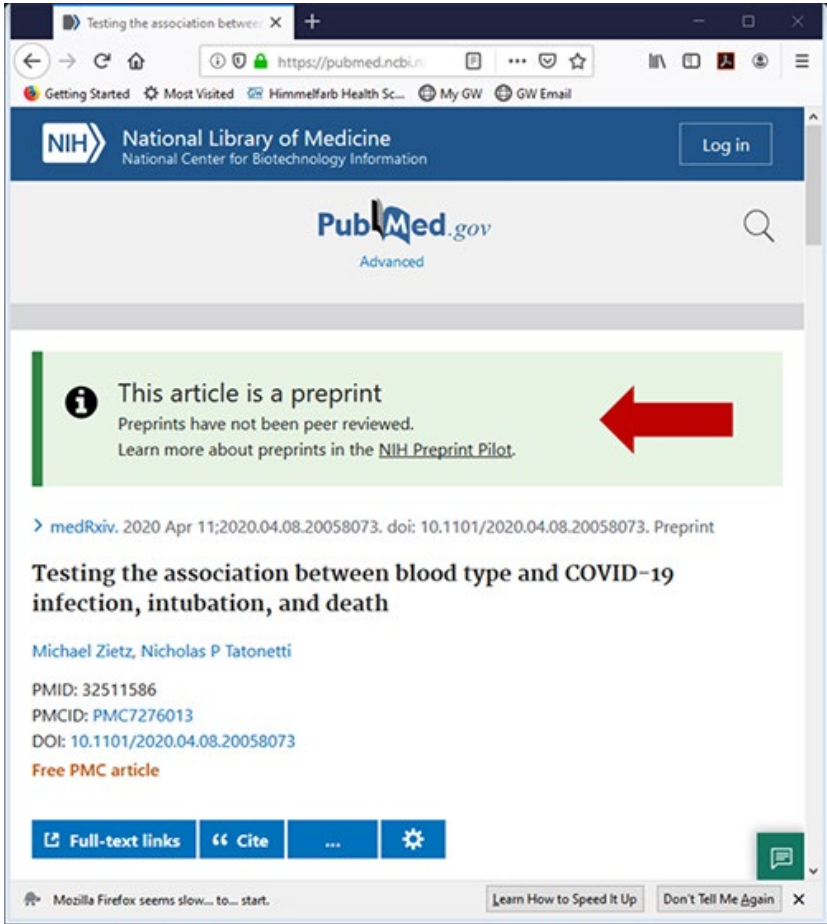
In PubMed, preprint articles are clearly marked on both the Summary view and the Abstract view. On the Summary view, look for 'preprint' near the end of the citation information just before the PMID.

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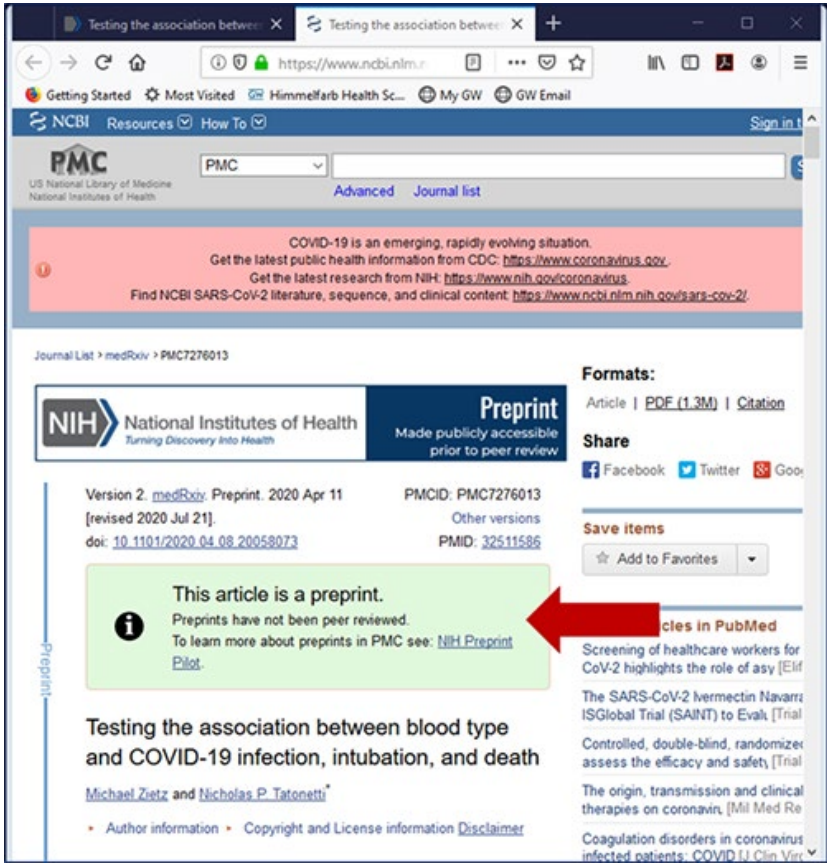
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On the Abstract view, a light green banner clearly identifies preprints.



PubMed Central also clearly identifies preprints with a light green banner.



Depending on the nature of your search, you may be interested in seeing preprints among your search results or may wish to exclude them from your search results. You can add a short search phrase to your search terms to preprints or to exclude preprints from your search results:

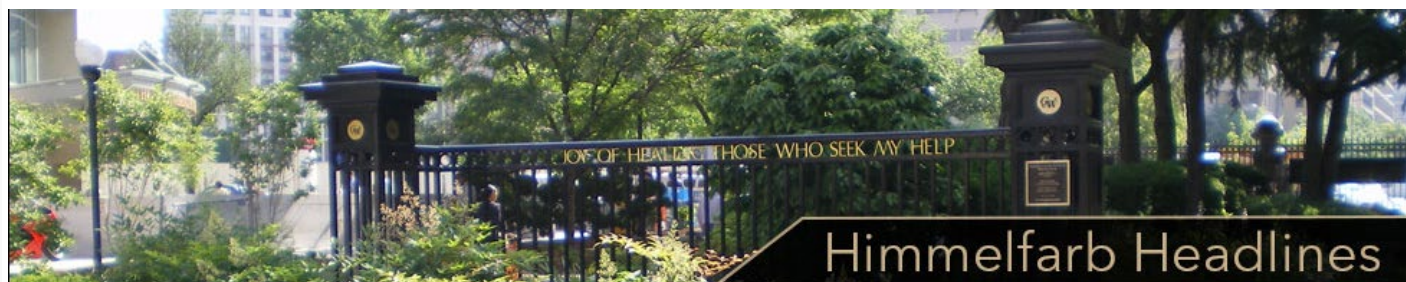
- In PubMed, add the following to your search strategy:
 - To find preprints add: AND
preprint[pt]
 - To exclude preprints add: NOT
preprint[pt]
- In PubMed Central, add the following to your search strategy:
 - To find preprints add: AND
preprint[filter]
 - To exclude preprints add: NOT
preprint[filter]

Read the [NIH Preprint Pilot FAQs](#) to learn more about this project.

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Browzine and LibKey Nomad

[Browzine](#) is a mobile app that helps you stay up to date on your favorite e-journals from your mobile device. Create a free account and designate Himmelfarb as your home library to start building your personalized bookshelf. You can save your favorite full-text journals to your shelf, and as new issues come out you will be able to browse them to read or save articles for later. Additionally, Browzine is compatible with RefWorks, so saving citations is simple. Browzine's developer, Third Iron, also created [LibKey Nomad](#), a Chrome browser extension that connects you with full-text articles through Himmelfarb faster. It now works with Scopus and Web of Science, in addition to PubMed, publishers' sites, and Wikipedia!

DynaMed

Need the latest in clinical care? With six rounds of updates per day, [DynaMed](#) delivers the most up to date emergent

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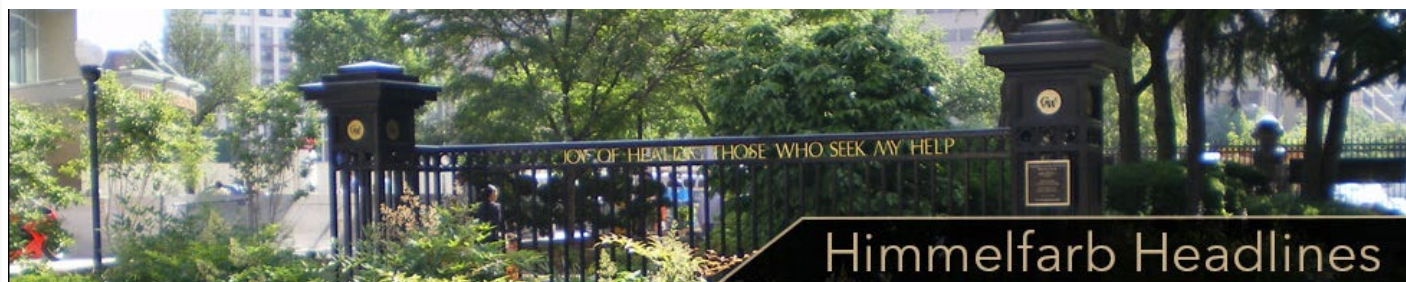
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literature and practice guidelines to clinicians at the point of care. Dynamed also offers a comprehensive drug database, a drug interaction checker, and medical calculators. You can take DynaMed on the go with you through the [DynaMed App](#).

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How to navigate the library during the pandemic.

Uncertain as to *how* to gain access? Himmelfarb Library's entrance and exit are via Ross Hall. Be sure to bring your GWorld card to swipe at Ross Hall and Himmelfarb's entrance; GWorld cards are required for entrance and alternate forms of ID are not currently accepted.

Stairwells:

If you are looking to go up a floor or two, please use the 'up only' stairwell next to the elevator on the main floor. If you are looking to go back down, please use the stairwells that face 23rd street- or are near the restrooms.

Face masks:

Keep in mind that during your time at the library, you *must* wear a face mask at **all times**. If you are uncertain about how to properly wear and remove a mask, you may check out GW's SMHS [mask training video](#) for further information.

Library Hours during COVID-19

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During the pandemic, our hours have changed. The library is currently open between:

Monday - Thursday: 8:00am - 8:00pm

Friday: 8:00am - 6:00pm

Saturday and Sunday: 12:00pm - 8:00pm

If you need help from one of our reference librarians, our staff members are available through [email](#) and our [chat](#) during these hours:

Monday - Thursday: 8:00am - 8:00pm

Friday: 8:30am - 5:00pm

For additional information find out more at:

<https://himmelfarb.gwu.edu/about/hours.cfm>

<https://guides.himmelfarb.gwu.edu/newnormal>

Himmelfarb off-campus and remote resources

If you are accessing the library from off-site, we still have plenty of resources available to you, and ways we can assist with your studies. Make sure that you have set up a connection to the [GW VPN](#) so that you can obtain access to our e-journals and e-books, or you can use our [web-based proxy](#). Complete instructions for both are available on our [Off-Campus Access](#) page.

We also highly recommend checking out our [Online Education LibGuide](#) which will show you more of what is accessible off-campus, from our databases, to [Documents2Go](#) (interlibrary loan and document delivery), to research consultations from one of our research librarians. Whatever it may be that you need, [we are here for you](#).

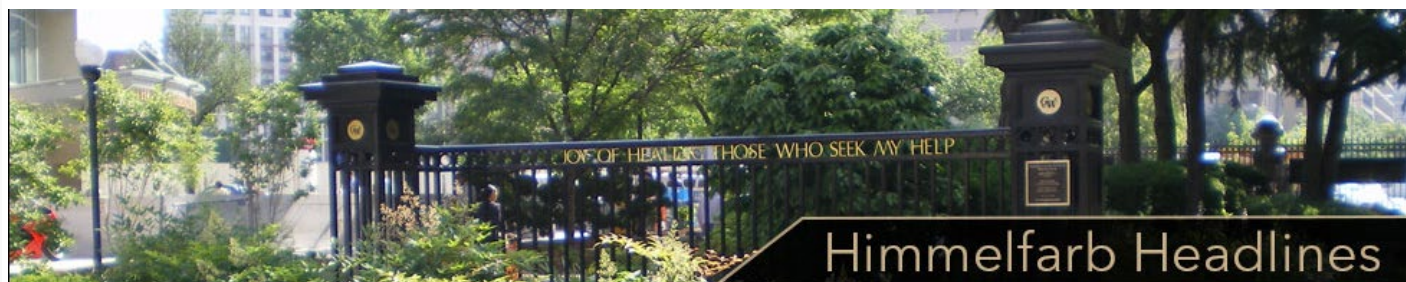
New Research Guides

We have two new guides to highlight. The first is our [Continuing Medical Education \(CME\) Research Guide](#), which compiles all of Himmelfarb's resources that offer CME credits and provides access instructions. The second is our [Image Resources Research Guide](#). Here you'll find information on image resources at Himmelfarb, as well as image copyright and citation information.

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Staff Spotlight - Introducing Laura Abate, Associate Director for Library Operations

Learn more about Himmelfarb Library staff members. In this issue we learn more about Laura Abate, Associate Director for Library Operations.

Share your path to Himmelfarb Library.

I majored in French and linguistics and wasn't sure what I wanted to do professionally. I ended up working at the University of California, San Francisco in the medical ethics program and learned so much but couldn't quite see myself as a doctor or a lawyer. Things clicked when I heard about a college friend who had become a librarian and within about a year I was attending the University of North Carolina, Chapel Hill for my Master's in Library and Information Science. After grad school, I worked on a contract for the National Cancer Institute before landing at Himmelfarb Library as a reference librarian.

Tell us about your position at Himmelfarb and what you do.

My current position is Associate Director of Himmelfarb Library which is a relatively new position for me. I spent many years as the Electronic Resources and Instructional Librarian and loved the job. I enjoy teaching and working directly with students and faculty, and also managing the library's



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databases and supporting off-campus access to our resources. My current job is working with the Library Operations, Technology & Web Services, and Circulation teams. I've only been in this position for about six months and continue to learn from my colleagues.

What's been the biggest challenge?

I love information tools - databases, e-books, apps, serials, multimedia, etc. - and want our users to have it all! That said, we have a budget and need to spend it to the benefit of our users in the SMHS, SPH, and SON. Figuring out how to support users across the disciplines in a difficult financial landscape is my biggest challenge.

What's the best part of working at Himmelfarb?

I love the collaboration among staff and seeing the multitude of shared projects and ways staff support one another's ideas and initiatives. Frequently in staff meetings, someone will describe issues with a project and another person will step forward with ideas and solutions.

What jobs have you held previously that prepared you for your work at Himmelfarb?

I grew up learning about my parents' business; my father is a veterinarian and my mom managed the finances for their veterinary practice and farm and ranch operations. I learned a lot of medical terminology that way (zoonosis is still a favorite word) and also learned some about the financial side. In high school and college, I had several retail jobs which taught me a lot about customer service. At UCSF, I learned about listening carefully and trying to understand a problem from multiple perspectives, and at GW, I've watched how people lead and have had wonderful role models.

What do you like to do in your time away from work?

I like to sew, work in my garden, and cook as well as just hang out with my husband and daughters. Over the summer, I started a list of fifty things that I've always wanted to do but never quite did. While I hope to visit Iceland, Ireland, and Italy someday, my current list is of much more accessible goals. I've already checked off growing giant sunflowers, making paella, and adopting a puppy. Meet George who came home in September 2020!

Where are you from originally, and what brought you to the DC area?

I'm originally from Los Osos, California. My husband grew up in DC and we came here for just one year...more than twenty years ago. At the time, I was very focused on moving back to California and never pictured that I would like living here - but I do!

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Himmelfarb Library continues this feature in our newsletter that lets us become better acquainted with our friends and colleagues at the George Washington University. In this issue we learn more about Philip Zapanta, Associate Professor of Surgery.

Tell us a little bit about yourself, your current position, and why you decided to pursue a career in your field.

I was born and raised in a small college / farming town (Harrisonburg, VA) in the heart of the Shenandoah Valley. I stayed in town to attend a Christian liberal arts college, Eastern Mennonite University, to play Division III soccer and run Division III track. I then attended medical school at the University of Virginia and married my wife (met in college) after my first year of medical school. Instead of the recommended research summer between my 1st and 2nd year of medical school, my wife and I chose to have a LONG summer honeymoon (great decision). I did a VERY busy surgery internship at UVA before coming up to George Washington University in 2001 for my Otolaryngology residency. Our son was born when I was a surgery intern (2nd month in) and our daughter was born when I was a 3rd year resident.

My wife and I have been married for 23 years. We have a son entering his junior year in college (music major) and a daughter entering her junior year in high school (will also likely do something with music in college).



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I am an Associate Professor of Surgery and the Otolaryngology Residency Program Director at GW. I was a PD mentor for the medical school but switched roles to a CSR instructor as I wanted to spend more time with my medical students. I am also a CAP preceptor. For my paid job, I am a general otolaryngologist at the MFA and I have significant focus/interest in the surgical treatment of obstructive sleep apnea and management of facial trauma. I am also in my 18th year of service in the Army Reserves and was recently promoted to Colonel after returning from a deployment to Iraq. I joined the Army in response to the attack on our nation on 9/11.

How did you become interested in your field?

My dad is a retired general otolaryngologist and he had a very busy solo practice - he saw everything that walked / crawled through his door. During my childhood and into my college years, he wasn't shy about showing me what he did and saw during the day and night. I saw how hard he worked and how little he was at home but medicine grew on me. I literally thought about every medical field especially orthopedics and sport medicine but eventually otolaryngology became the "promised land" for me.

What brought you to GW?

As I mentioned previously, I started at GW as an otolaryngology resident. Prior to my senior residency years, my thoughts were to avoid academic medicine like the plague (medical school truly burnt me out) and to return to my hometown to take over my dad's solo otolaryngology practice. While my wife and I missed the quiet country life (she was born and raised in quaint Woodstock, Vermont), we decided to stay in the DC area for several reasons. We had established deep roots in the DC area and had found a great church that had a wonderful children's ministry. We had developed a good network of friends in the area and given that I was with the Army Reserves during the uncertainty in the Middle East, I wanted to make sure my family would be in good hands if I were to receive my marching orders. Lastly, I discovered that I was enjoying teaching medical students and residents; coincidentally an academic job opened up in the GW MFA otolaryngology division during my chief year and I decided to stay as an attending after graduating from the GW otolaryngology residency program.

What has been your most memorable moment and biggest professional challenge?

Ha - the biggest professional challenge were my first two years of medical school. I was a good student but only because I worked hard. I wasn't amazingly smart nor did I have photographic memory. The amount of material that I had to digest was amazing and given that I needed to review material multiple times before I could master it didn't help. Because I had a very understanding and supporting wife, I

was able to make it past this first hurdle.

The second and most significant hurdle was the infamous otolaryngology match process. Despite my decent board scores and above average CV, I failed to match in otolaryngology during my first attempt. This was shocking to me, my family, and my mentors. During this time, we had found out that we were expecting our son. So instead of the conventional wisdom of taking time off for a research year to improve my chance of matching in otolaryngology, I decided to get a job to support my family and enter general surgery at UVA with the option of reapplying to the otolaryngology match the following year. During that time otolaryngology was an early match so I had time to apply to general surgery via the regular match. I was fortunate enough to match into otolaryngology the second time around.

My most memorable moment(s) have been my Army experiences in military medicine and working closely with the soldiers. I have served in very cold places such as winterized Fort Wainwright, Alaska and forgotten places like Fort Polk, Louisiana. I have had the great opportunity to teach the military residents at Walter Reed and interact with the Wounded Warriors there. Last but not certainly least, I had an amazing experience last summer in Iraq functioning as the U.S. military's sole ENT trauma surgeon in the Iraq/Syria/Jordan combat theater.

What library resources or services have you found to be the most useful?

I absolutely love that we have access to plenty of otolaryngology journals and texts. I use the dedicated otolaryngology resident webpage that the librarians have designed for us. All of the librarians are extremely helpful and easily contactable. If I can't find something, they are quick to solve my problem. I appreciate that the librarians will answer any question I have no matter how stupid I sound when I ask it.



Whom do you admire?

I admire both sets of my grandparents who have all passed away some time ago. All four of them were extremely strong Christians and would never pass up an opportunity to talk about the Bible and their faith. They truly loved and accepted everyone they encountered. What was great about them was their ability to understand everyone's story and show unconditional love. They also had their own unique sense of humor which made them very approachable. If I was compared to any one of them, I wouldn't mind.

How do you spend your free time? (or What do you do to relax?)

In my free time, I do anything that doesn't require a lot of brain power. I wake up at 0500 every day to exercise and I also play soccer during the weekends. I enjoy hiking with my family and just enjoy hanging out with them. I will also ride my motorcycle every chance I get – sometimes I will take a 20-30 mile ride just to get gas!

What advice would you give to a new faculty member just starting at GW?

Networking is key – getting to know people outside of your specialty is important especially when you need to get advice or ask for "favours." Be willing to help your fellow faculty

member out as you will definitely reap the benefits later on. Be willing to work with the residents and medical students. They will question you and push you but it is rewarding and fun.

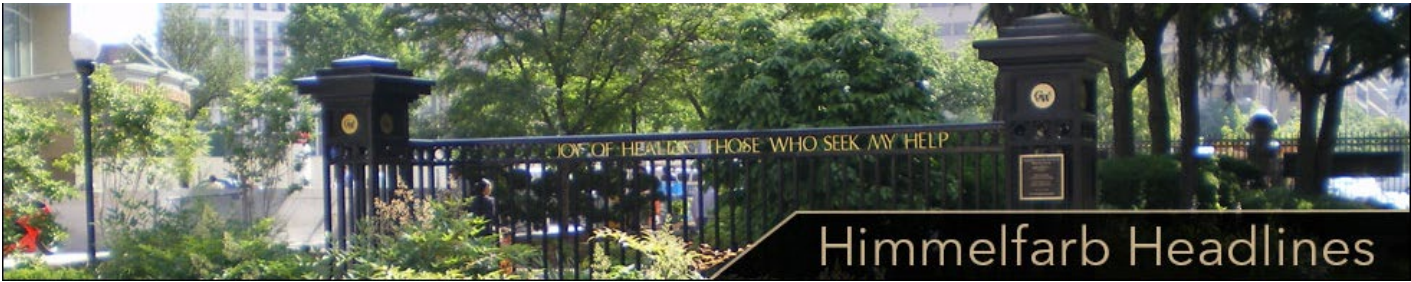
To learn more about Dr. Zapanta's journey into military medicine, please check out ENT Today's profile of him entitled: [After 9/11, Doctor's Patriotism Led Him Across the World to Practice Otolaryngology](#).

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Himmelfarb Headlines - September / October 2020

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Student Spotlight - Meet Neil Almeida, a fourth-year medical student

This feature lets us become better acquainted with the students that use Himmelfarb library resources on a daily basis. Meet Neil Almeida.

What program are you in?

I am a fourth-year medical student at GW SMHS.



What brought you to GW?

I was especially drawn to GW for the exceptional academics and diverse student opportunities including GW Healing Clinic and the Scholarly Concentration Program. The close proximity to NIH Clinical Center and Children’s National Health Center allows students to work clinically at various locations and also gain exposure to basic science and clinical research.

Are there any memorable research or special projects that you’ve participated in while at GW?

I was involved in a unique multi-center study investigating Chiari malformations. This is a structural deficit in which the rear region of the brain, the cerebellum, herniates through the base of skull and compresses the spinal cord. Compression of the spinal cord leads to a myriad of neurological deficits. Our project compared the differences between adult vs. pediatric cohorts in radiographic findings, clinical presentations, & surgical outcomes. These data encompassed patients from GW, Georgetown, NIH, Global Neurosciences Institute, & Walter Reed data.

As you reflect on your time at GW, can you share a

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favorite Himmelfarb memory, or an experience you found to be most useful?

Himmelfarb has become somewhat of a second home these last few years. From studying for board exams, block exams, and shelves, countless hours have been spent here with friends. I am also thankful to Thomas Harrod, Laura Abate, and Catherine Sluder for all their assistance and honest feedback with submission of research projects.

What has been the most unexpected, surprising, or challenging experience as a GW student?

GW has been an incredible experience and expectedly there have been many ups and also downs. Building perseverance and having a strong group of close friends has allowed me to get to where I am today.

What are your plans after GW?

My main interests are in neuroscience and translational research. I hope to be involved with academic medicine throughout my career and continue to work on meaningful projects that will impact our current understanding of neuro-oncology.

When you are not studying, what are your hobbies, interests, or special things you like to do?

My interests include family, friends, exploring DC, Los Angeles Lakers, cooking with friends, and listening to Krewella and NERVO.

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